

ACTIVITIES BROCHURE

2018 is looking to be an exciting year full of fun and exciting activities. This activities brochure covers all of the activities planned for 2018. As we continue to grow in numbers it is important to address some essential information in relation to the activities.

Please consider and remember the following:

- Places on our activities are becoming increasingly popular and to avoid disappointment, we <u>must</u> receive your Booking Form at least one (1) month prior to the activity.
- Please wait to receive a confirmation letter, email or SMS to confirm the activities that you have been allocated.
- **Be patient** sometimes you might miss out on an activity you have chosen, this is to give someone else an opportunity to attend.
- Bring your *Companion Card* if you have one, or an additional cost may apply to cover the cost of workers.
- CANCELLATIONS—if you cannot attend the activity, please contact Trish as soon as possible. If you do not call, email or SMS to cancel 48 hours prior to the activity you will be charged as per your service agreement.
- Most importantly—HAVE A GREAT TIME!

We look forward to seeing you in 2018!

Don't forget to get your Booking Form in as soon as possible to secure your place.

For all Activities enquiries please contact Trish Gibson on: p. (07) 3817 0600 | m. 0417 608 065 e: trish.gibson@alaraqld.org.au





MEGASPORTS

Megasports aims to promote health, fitness and group interaction for adults 18 years and older. There is a range of different sporting activities on offer. Megasports finishes with a sausage sizzle.

Costs are as per the individual's service agreement and some events will require out-of-pocket expenses if an activity fee is applicable.

FEBRUARY

Aqua Fun & Games Sat, 3rd February 10am—12pm

APRIL

River Walk Sat, 7th April 10am—12pm

JUNE

Fitness in the Park at Brassall Sat, 2nd June 10am—12pm

AUGUST

Kholo Gardens Sat, 4th August 10am—12pm

OCTOBER

Line Dancing Sat, 6th October 10am—12pm











MARCH Zumba Sat, 3rd March 10am—12pm

MAY Lawn Bowls Sat, 5th May 10am—12pm







SEPTEMBER College's Crossing Sat, 8th September 10am–12pm

NOVEMBER Fitness in the Park at Brassall Sat, 3rd November 10am–12pm









SOCIALS

Socials are designed to assist adults 18 years and older to access interesting activities and events in the community. There is a mixture of day and evening activities depending on the event.

Costs are as per the individual's service agreement. Some events will require out-of-pocket expenses if an activity fee is applicable.

FEBRUARY

Tivoli Drive-in, Markets & Dinner Sat, 17th February 4pm—9pm

APRIL

Train to Southbank Sat, 21st April (Times to be advised closer to the event)

JUNE

Dreamworld Sat, 16th June Sat, 23rd June 8:30am—6pm

AUGUST Train to Roma St Parklands Sat, 18th August (Times to be advised

(Times to be advised closer to the event)

OCTOBER

Lunch & Movies Sat, 20th October (Times to be advised closer to the event)











MARCH Indoor Rock Climbing & Lunch at Pizza Hut Sat, 17th March 9:30am-2:30pm

MAY

Ipswich Show—2 groups (afternoon or evening) Sat, 19th May (Times to be advised closer to the event)







SEPTEMBER Toowoomba Carnival of Flowers Sat, 22nd September (Times to be advised closer to the event)

NOVEMBER

Bowling Sat, 17th November Sat, 24th November (Times to be advised closer to the event)









PARTY KLUB ALARA

Party Klub ALARA is a newly introduced evening for those 18 years and older who wish to dance the night away with like-minded friends.

Party Klub ALARA is a true party atmosphere with lots of new music, fun and games.

Make sure you bring along a plate of food to share.

Costs are as per the individual's service agreement.

FEBRUARY

Aussie Night Fri, 9th February 6pm—9pm

APRIL

Commonwealth Games Fri, 13th April (Times to be advised closer to the event)





JUNE PJ Party Fri, 8th June 6pm—9pm

AUGUST Super Heroes Fri, 10th August 6pm—9pm

OCTOBER

Halloween Fri, 12th October 6pm—9pm







MARCH Bingo & Games Night Fri, 9th March 6pm—9pm



MAY Country & Western Fri, 11th May 6pm—9pm



JULY Movie Character Night Fri, 13th July 6pm—9pm



SEPTEMBER Red Carpet Night Fri, 14th September 6pm—9pm

NOVEMBER Karaoke Fri, 9th November 6pm—9pm







KLUB ALARA

Klub ALARA evenings are designed to encourage adults 18 years and older to engage in conversations, develop and foster friendships and above all else, have fun. For those wishing to have a dance, there is background music. There is generally a theme for the evening and participants are welcome and encouraged to dress accordingly.

Please bring along a plate of food to share.

Costs are as per the individual's service agreement.

FEBRUARY

Aussie Night Fri, 23rd February 6pm—9pm

APRIL

Commonwealth Games Fri, 27th April (Times to be advised closer to the event)





JUNE PJ Party Fri, 29th June 6pm—9pm

AUGUST

Super Heroes Fri, 31st August 6pm—9pm

OCTOBER

Halloween Fri, 26th October 6pm—9pm



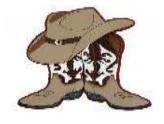




MARCH Bingo & Games Night Fri, 23rd March 6pm—9pm



MAY Country & Western Fri, 25th May 6pm—9pm



JULY Movie Character Night Fri, 27th July 6pm—9pm



SEPTEMBER Red Carpet Night Fri, 28th September 6pm—9pm

NOVEMBER Karaoke Fri, 30th November 6pm—9pm







JUNIOR KLUB ALARA

Junior Klub ALARA is a social evening of music, dance, games and conversations for 12 to 17 year olds. This is a great opportunity for young people to foster and form new friendships in this fun and social environment.

Don't forget to bring along a plate of food to share.

Costs are as per the individual's service agreement.

FEBRUARY

Aussie Night Fri, 16th February 5:30pm—7:30pm

APRIL

Commonwealth Games Fri, 20th April (Times to be advised closer to the event)





JUNE PJ Party Fri, 15th June

5:30pm-7:30pm

AUGUST

Super Heroes Fri, 17h August 5:30pm—7:30pm

OCTOBER

Halloween Fri, 19th October 5:30pm—7:30pm







MARCH Bingo & Games Night Fri, 16th March 5:30pm—7:30pm



MAY Country & Western Fri, 17th May 5:30pm—7:30pm



JULY Movie Character Night Fri, 20th July 5:30pm—7:30pm



SEPTEMBER Red Carpet Night Fri, 21st September 5:30pm—7:30pm

NOVEMBER Karaoke Fri, 16th November 5:30pm—7:30pm



