

Support at Home Price Schedule

Effective 1 August 2026

	Standard Hours Rate	Non-Standard Hours Rate	Saturday Hours Rate	Sunday Hours Rate	Public Holiday Hours Rate
Clinical Supports					
Support by a Registered Nurse *	\$160/hr	\$182/hr	\$240/hr	\$320/hr	\$400/hr
Physiotherapist	Prices available on request				
Occupational Therapist	Prices available on request				
Speech Pathologist	Prices available on request				
Podiatrist	Prices available on request				
Exercise Physiologist	Prices available on request				
Dietician or Nutritionist	Prices available on request				
Independence					
Personal Care	\$93/hr	\$106/hr	\$140/hr	\$186/hr	\$233/hr Minimum 2 hours
Social Support Individual	\$92/hr (0 kms travel)	\$105/hr (0 kms travel)	\$138/hr (0 kms travel)	\$184/hr (0 kms travel)	\$230/hr (0 kms travel)
	\$97/hr (up to 10kms travel)	\$111/hr (up to 10kms travel)	\$146/hr (up to 10kms travel)	\$194/hr (up to 10kms travel)	\$243/hr (up to 10kms travel)
	\$102/hr (up to 20kms travel)	\$116/hr (up to 20kms travel)	\$152/hr (up to 20kms travel)	\$203/hr (up to 20kms travel)	\$254/hr (up to 20kms travel)
	\$107/hr (up to 30 kms travel)	\$122/hr (up to 30 kms travel)	\$160/hr (up to 30 kms travel)	\$214/hr (up to 30 kms travel)	\$267/hr (up to 30 kms travel)
Social Support Group – no transport (shared support two to one)	\$46/hr	\$53/hr	\$69/hr	\$92/hr	\$115/hr
Social Support Group – with transport (shared support two to one – minimum two hours)	\$51/hr (up to 10kms travel)	\$59/hr (up to 10kms travel)	\$77/hr (up to 10kms travel)	\$103/hr (up to 10kms travel)	\$128/hr (up to 10kms travel)
	\$57/hr (up to 20kms travel)	\$64/hr (up to 20kms travel)	\$85/hr (up to 20kms travel)	\$113/hr (up to 20kms travel)	\$141/hr (up to 20kms travel)
	\$62/hr (up to 30 kms travel)	\$70/hr (up to 30 kms travel)	\$93/hr (up to 30 kms travel)	\$124/hr (up to 30 kms travel)	\$155/hr (up to 30 kms travel)

	Standard Hours Rate	Non-Standard Hours Rate	Saturday Hours Rate	Sunday Hours Rate	Public Holiday Hours Rate
Independence (continued)					
In-home Respite	\$92/hr	\$105/hr	\$138/hr	\$184/hr	\$230/hr Minimum 2 hours
Social Support Group – no transport (shared support three to one)	\$30/hr	\$35/hr	\$46/hr	\$61/hr	\$76/hr
Social Support Group – with transport (shared support three to one – minimum two hours)	\$36/hr (up to 10kms travel)	\$41/hr (up to 10kms travel)	\$53/hr (up to 10kms travel)	\$71/hr (up to 10kms travel)	\$89/hr (up to 10kms travel)
	\$41/hr (up to 20kms travel)	\$47/hr (up to 20kms travel)	\$61/hr (up to 20kms travel)	\$82/hr (up to 20kms travel)	\$102/hr (up to 20kms travel)
	\$46/hr (up to 30 kms travel)	\$53/hr (up to 30 kms travel)	\$69/hr (up to 30 kms travel)	\$92/hr (up to 30 kms travel)	\$115/hr (up to 30 kms travel)
Chiropractor	\$148/hr				
Remedial Masseuse	\$130/hr				
Everyday Living					
General Domestic Assistance	\$92/hr	\$105/hr	\$138/hr	\$184/hr	\$230/hr Minimum 2 hours
Meal Preparation	\$92/hr	\$105/hr	\$138/hr	\$184/hr	\$230/hr Minimum 2 hours
Meal Services	Prices available on request				
Shopping Assistance (accompanied or unaccompanied)	\$100/hr (up to 10kms travel)	\$114/hr (up to 10kms travel)	\$150/hr (up to 10kms travel)	\$200/hr (up to 10kms travel)	\$250/hr (up to 10kms travel)
	\$105/hr (up to 20kms travel)	\$120/hr (up to 20kms travel)	\$158/hr (up to 20kms travel)	\$210/hr (up to 20kms travel)	\$263/hr (up to 20kms travel)
	\$110/hr (up to 30kms travel)	\$125/hr (up to 30kms travel)	\$165/hr (up to 30kms travel)	\$220/hr (up to 30kms travel)	\$275/hr (up to 30kms travel)
Light Gardening and assistance with home maintenance and repairs	\$105/hr				
Care Management					
Care Management ^{**†}	\$126/hr				
Clinical Care Management ^{**†}	\$173/hr				

* One hour minimum

† Support at Home participants who receive ongoing services have 10% deducted from their quarterly budget for care management and held by the Government as pooled funds. Care Management and Clinical Care Management are not charged directly to your package but rather against the pooled funds. They will not show on your monthly statement.

Notes

This pricing schedule should be read together with your agreement with us.

Exit Fee:	No charge
Kilometre Rate:	A kilometre rate of \$1.00 per kilometre is charged for travel above 30 kilometres. If shared transport is provided by ALARA, the kilometre cost will be shared between the clients travelling.
Contingency Funds:	ALARA may negotiate with you a contingency amount to be included in your budget. This will be no more than 10% of your personalised budget and available to you for emergencies and increased care needs.
External Services:	Your ALARA Care Partner will assist you to source potential providers and obtain comparable quotes where we are unable to directly provide a selected service. The price charge will include the cost of service delivery (or consumable) and may include an overhead cost to support service delivery and quality assurance.
Cancellations:	Please refer to ALARA's Policy – Support or Home Cancellations. A copy will be provided to you with your Agreement and it is also available on the ALARA website at www.alaraqld.org.au